



JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

<<DAY>>

< <habit>></habit>	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Ex: More immediate in addressing difficult conversations		Х									Х							Х													
WHAT I'M NOTICING	I'm	bette	r ea	rlier i	n the	e we	ek &	with	cer	tain p	eopl	е																			
HABIT 2 Goes Here																															
WHAT I'M NOTICING																															
HABIT 3 Goes Here										П																					
WHAT I'M NOTICING																															_
HABIT 4 Goes Here										П																					
WHAT I'M NOTICING																															_
HABIT 5 Goes Here																															
WHAT I'M NOTICING																															_