## What's in your way?

empowered to get to your next

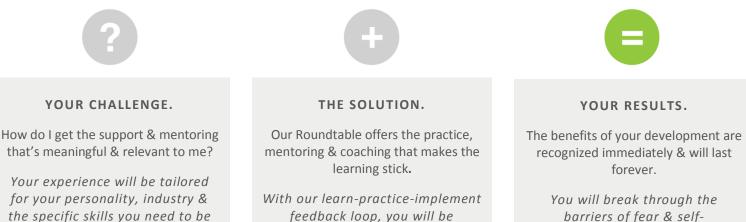
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## SECRETS TO BEING A DYNAMIC LEADER

What does it mean to be a woman in leadership today? Women face unique challenges as we work to define ourselves as leaders. **Secrets to Being a Dynamic Leader:** A Mentoring Roundtable of Suzann Foerster Leadership Coaching & Inforum, offers the crucial skills, practice & individual mentoring needed to become the leader others want to follow. Led by Doreen Bolhuis, Gymco President/CEO, this program will provide an opportunity to learn powerful secrets from a leader with a proven track record.

Participants will receive one-on-one personal mentoring & coaching after every session. Our year-long, personalized approach reinforces the skills learned in class & how to apply them immediately to each woman's unique personality & industry. You will emerge as a credible leader, be empowered to take initiative & get powerful results.



accountable for your progress.

Our experience shows this is

critical to successfully changing

behavior.

You will break through the barriers of fear & selfconsciousness enabling greater focus on problem solving, creative thinking & leadership.

When: Sep 2014 – Aug 2015 (10 sessions) 8:00-10:00am Where: Miller Johnson Law Firm • Calder Plaza Building • 250 Monroe Avenue NW # 800 Investment: \$3,500 (Scholarships May Be Available) Questions: Catherine Rogg • 616.588.9403 • crogg@inforummichigan.org Details: www.inforummichigan.org/secrets-being-dynamic-leader & www.suzannfoerster.com/blog

## **KEY INSIGHTS** Learn "Unwritten" Be Direct, Create a Highly Find Your Voice by Discover & Leverage Gender Leadership Straightforward & Productive & the Unique Strengths Finding Your Unique Rules & How Some are Strong, Without Rewarding Work Strengths of Women Different for Men & Being the "B" Word Culture Women ..... Generously Supported By

## Sessions & Topics

Members will meet once per month for two hours & each session will be devoted to learning, studying & practicing a new leadership concept. The facilitated discussion will explore practical ways to implement leadership skills & how to personalize them according to individual style, position & industry. And, each member will receive a monthly personal mentoring session to discuss & enhance their leadership growth.

	Apply Today!
SELF-AWARE {9.18.14} Led by Suzann Foerster, CEO/Owner, Suzann Foerster Leadership Coaching	Know what you bring to the table & how to leverage it. Learn your communication style & how to adapt to others to ensure shared understanding. Create a self-awareness map so you can access your key talents & values.
DISTINCTIVE {10.16.14} Led by Suzann Foerster, CEO/Owner, Suzann Foerster Leadership Coaching	Deliver on what you want to be known for. Increase your confidence so you are more empowered to contribute & take action. Discover, design & deliver your own Personal Brand so others see how they can benefit from working with you.
IMMUNE TO CHANGE {11.20.14} Led by Barbara Rapaport, President, Real-time Perspectives	<i>Initiate &amp; sustain change that leads to true progress</i> . Identify hidden barriers around a leadership issue where you personally feel "stuck". Discover ways to manage those barriers instead of allowing them to manage you.
INSPIRING {1.15.15} Remaining Sessions Led by Doreen Bolhuis, CEO/Owner, Gymco	Master the unwritten rules of leadership for women to clear invisible barriers. Create shared drive & purpose so you can create effective teams. Actively shape your culture to develop a more collaborative & productive workplace.
COURAGEOUS {2.19.15}	<i>Overcome fear to lead courageously</i> . Learn to take positive action so you can keep forward momentum. Embrace challenging assignments to promote personal growth.
<b>WISE</b> {3.19.15}	<i>Be the smartest at the table without knowing all the answers.</i> Diagnose situations so you can create effective strategies. Learn how to challenge "group think" & lead others to better solutions.
<b>AUTHENTIC</b> {4.16.15}	Develop a leadership approach that's authentic & true to your values. Understand & align your overt & covert messages to demonstrate consistent authenticity. Build relationships of trust & respect so you can collaborate most effectively.
<b>PERSUASIVE</b> {5.21.15}	<i>Communicate powerfully &amp; effectively</i> . Develop powerful & concise communication so your ideas are heard. Improve your eye contact & body language to ensure effective communication.
INFORMED {6.18.15} Led by Barbara Rapaport, President, Real-time Perspectives	Use curiosity based learning to drive key interactions. Understand how different stages of adult development impact behavior. Identify your next developmental "growing edge".
<b>CONFIDENT</b> {7.16.15}	<i>Elevate your presence &amp; confidence in every situat</i> ion. Learn to engage as an active participant so others see you as engaged & focused. Develop presence & confidence.
FOCUSED {8.20.15}	<i>Stay focused &amp; be intentional to reach your goals</i> . Adjust calmly & readily to change so you keep moving forward. Develop strategic vision to carry you through any challenge.