

# What's in *your* way?

SECRETS TO BEING  
A DYNAMIC LEADER

What does it mean to be a woman in leadership today? Women face unique challenges as we work to define ourselves as leaders. **Secrets to Being a Dynamic Leader:** A Mentoring Roundtable of Suzann Foerster Leadership Coaching & Inforum, offers the crucial skills, practice & individual mentoring needed to become the leader others want to follow. Led by Doreen Bolhuis, Gymco President/CEO, this program will provide an opportunity to learn powerful secrets from a leader with a proven track record.

Participants will receive one-on-one personal mentoring & coaching after every session. Our year-long, personalized approach reinforces the skills learned in class & how to apply them immediately to each woman's unique personality & industry. You will emerge as a credible leader, be empowered to take initiative & get powerful results.



## YOUR CHALLENGE.

How do I get the support & mentoring that's meaningful & relevant to me?

*Your experience will be tailored for your personality, industry & the specific skills you need to be empowered to get to your next step.*



## THE SOLUTION.

Our Roundtable offers the practice, mentoring & coaching that makes the learning stick.

*With our learn-practice-implement feedback loop, you will be accountable for your progress. Our experience shows this is critical to successfully changing behavior.*



## YOUR RESULTS.

The benefits of your development are recognized immediately & will last forever.

*You will break through the barriers of fear & self-consciousness enabling greater focus on problem solving, creative thinking & leadership.*

When: Oct 2014 – Sep 2015 (11 sessions) 8:00-10:00am

Where: Miller Johnson Law Firm • Calder Plaza Building • 250 Monroe Avenue NW # 800

Investment: \$3,500 (Scholarships May Be Available)

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Details: [www.inforummichigan.org/secrets-being-dynamic-leader](http://www.inforummichigan.org/secrets-being-dynamic-leader) & [www.suzannfoerster.com/blog](http://www.suzannfoerster.com/blog)

## KEY INSIGHTS

Learn "Unwritten" Gender Leadership Rules & How Some are Different for Men & Women

Discover & Leverage the Unique Strengths of Women

Be Direct, Straightforward & Strong, Without Being the "B" Word

Find Your Voice by Finding Your Unique Strengths

Create a Highly Productive & Rewarding Work Culture

Generously Supported By



# Sessions & Topics

Members will meet once per month for two hours & each session will be devoted to learning, studying & practicing a new leadership concept. The facilitated discussion will explore practical ways to implement leadership skills & how to personalize them according to individual style, position & industry. And, each member will receive a monthly personal mentoring session to discuss & enhance their leadership growth.

## Apply Today!

### SELF-AWARE {10.16.14}

Led by Suzann Foerster, CEO/Owner, Suzann Foerster Leadership Coaching

*Know what you bring to the table & how to leverage it.* Learn your communication style & how to adapt to others to ensure shared understanding. Create a self-awareness map so you can access your key talents & values.

### DISTINCTIVE {11.20.14}

Led by Suzann Foerster, CEO/Owner, Suzann Foerster Leadership Coaching

*Deliver on what you want to be known for.* Increase your confidence so you are more empowered to contribute & take action. Discover, design & deliver your own Personal Brand so others see how they can benefit from working with you.

### IMMUNE TO CHANGE {1.15.15}

Led by Barbara Rapaport, President, Real-time Perspectives

*Initiate & sustain change that leads to true progress.* Identify hidden barriers around a leadership issue where you personally feel "stuck". Discover ways to manage those barriers instead of allowing them to manage you.

### INSPIRING {2.19.15}

Remaining Sessions Led by Doreen Bolhuis, President/Owner, Gymco

*Master the unwritten rules of leadership for women to clear invisible barriers.* Create shared drive & purpose so you can create effective teams. Actively shape your culture to develop a more collaborative & productive workplace.

### COURAGEOUS {3.19.15}

*Overcome fear to lead courageously.* Learn to take positive action so you can keep forward momentum. Embrace challenging assignments to promote personal growth.

### WISE {4.16.15}

*Be the smartest at the table without knowing all the answers.* Diagnose situations so you can create effective strategies. Learn how to challenge "group think" & lead others to better solutions.

### AUTHENTIC {5.21.15}

*Develop a leadership approach that's authentic & true to your values.* Understand & align your overt & covert messages to demonstrate consistent authenticity. Build relationships of trust & respect so you can collaborate most effectively.

### PERSUASIVE {6.18.15}

*Communicate powerfully & effectively.* Develop powerful & concise communication so your ideas are heard. Improve your eye contact & body language to ensure effective communication.

### INFORMED {7.16.15}

Led by Barbara Rapaport, President, Real-time Perspectives

*Use curiosity based learning to drive key interactions.* Understand how different stages of adult development impact behavior. Identify your next developmental "growing edge".

### CONFIDENT {8.20.15}

*Elevate your presence & confidence in every situation.* Learn to engage as an active participant so others see you as engaged & focused. Develop presence & confidence.

### FOCUSED {9.17.15}

*Stay focused & be intentional to reach your goals.* Adjust calmly & readily to change so you keep moving forward. Develop strategic vision to carry you through any challenge.